



Daniel Donkey

MEMORIAL CULTURE CAMP

Theme: Grief and Loss



June 10-14, 2024

Music

Entertainment

Camping

Traditional Healers

**Traditional
Arts & Crafts**



Nisichawayasihk Cree Nation
FAMILY AND COMMUNITY
Wellness Centre Inc.



WELCOME TO OUR CULTURE CAMP

From June 10 to 14, 2024 the Family and Community Wellness Centre will be hosting a culture camp at mile 35 on highway 391 north of Thompson, Manitoba. This year’s culture camp focuses on grief and loss. Our goal is to heal our hearts and develop a compassionate community to soothe our pain and heal. Addressing grief and loss in a supportive environment can provide individuals with a safe space to express their emotions and share their experiences, fostering a sense of connection and understanding. It facilitates the healing process and promotes resilience when participation is accomplished as a community, allowing participants to gain valuable insights and coping strategies.

We will provide a number of grief and loss sessions offered by a number of facilitators. Individuals are able to choose which sessions they wish to attend. Offering multiple sessions for participants allows individuals to have a more personalized and tailored experience. It recognizes that grief and loss are complex and multifaceted, and that different individuals may have different needs and preferences when it comes to processing their emotions. By providing a variety of sessions, participants can choose the ones that resonate with them the most and engage in discussions and activities that are most relevant to their own experiences.



Felix Walker



The following sessions and facilitators will be available:

JEFF HUNTER a community member of Nisichawayasihk, an entrepreneur and director of soaring eagle seminars, a motivational speaker and consultant. Jeff provides a variety of workshops and seminars. Jeff will be delivering a grief and loss session specifically for men.



JACKIE WALKER a community member of Nisichawayasihk, also working on her doctorate on indigenous knowledge through



Charlene Kobliski

Blue Quills university. Charlene Kobliski has her social work degree and carries the nehetho language and culture. Both Jackie and Charlene will be delivering their session on homicide bereavement and those who’s loved ones are reported missing.

THERESA YETMAN also a community member of Nisichawayasihk. Currently, Theresa is pursuing a Ph.D. in social work at the University of Manitoba. Ed Azure is an Indigenous knowledge keeper at the University of Manitoba. He has a master degree in social work. Both Theresa and Ed will be facilitating their session on suicide grief using the Grief Recovery Model and their personal experience of losing a loved ones to suicide and accidental death.



SARAH GAZAN has a master degree in education. She presently works as a staff officer at the Manitoba Teacher’s Association. Sarah is no stranger to Nisichawayasihk as she lived and taught here for a number of years. Sarah





has recovered from cancer. Ida Moore is a clinical therapist with the family and community wellness Centre, she has a



Ida Moore



Carol Prince

doctorate degree in indigenous knowledge with Blue Quills university. Ida also has a rare bone disease and has been getting a series of treatments. Carol Prince a retired nurse, with a degree in psychiatric nursing and many other certified trainings in the nursing field. Carol also recovered from cancer. These facilitators will be facilitating their session on grieving your body losses because of illness such diabetes, cancer and other major surgeries.

JAMES SHUTTLEWORTH a traditional knowledge

keeper, a veteran to Afghanistan war and currently working on heavy duty mechanic. James has always played a helping and healing role during ceremonies. He is a sundancer and helps people through medicinal and energy healing. Jon Walker works at the family and community wellness Centre as coordinate wellness sport association. Jon is continuing to pursue his degree sports management. Both James and Jon will be facilitating a session for male youth who grieve.



LISA CURRIER a member of Nisichawayasihk, who spirit name is kenikwaniskahk aski. She was honoured with a spirit name at birth by her great grandfather Jerome Nicholas. Another spirit name she was received by Elder Dave Courchene Jr. is kesheate



mushkode pishike kwe. She is a proud daughter to Dr. Freeda Hart Dickey and the granddaughter of Miles and Isabelle Hart. She has a degree in Indian social work. She will be facilitating a session grieving our connections to lands, water, resources, and cultural identity.

LINDA CANTELON a clinical marriage and family therapist, she has been working with the wellness for 12 years. She will be providing a session on grief and loss for female youth.



JUDY WOOD a member of Nisichawayasihk, retired from the Medicine Lodge Treatment Centre. She has a diploma in wellness counselling and gain many trainings in the field of addictions, grief and loss, suicide prevention, healthy and unhealthy relationships. Judy will be facilitating a session on suicide grief basing it on her owe personal and professional experience of losing a loved one to suicide.



DIANE LINKLATER AND TERRY LINKLATER are both NCN members. Diane has a master counselling degree and works as FNIB Therapist. Terry is retired R.C.M.P., and has also worked in the justice field, at present a probation worker for MKO. Both Terry and Diane are sundancer, knowledge keepers, fluent in the nehetho language and hold a ceremonial bundle for healing. They will be facilitating a session for couples who grieve their child or loved one who has passed.





There will be other forms of sessions available:

SAMANTHA LONG a member of Thompson, Manitoba. Samantha specializes in Reiki, sound therapy, and energy work through crystals. Samantha will provide one on one session but you will need to sign up with her.



TERRANCE THOMAS is an NCN member. Terrance carries many talents and gifts from an artist, fashion traditional designer, athlete and ceremonial leader. Terrance uses many alternate ways to help heal through working with people's spiritual energies to bring holistic balance or help an individual connect through music by using the traditional drumming and singing.



MICHELINE BERARD, LPN and a foot care nurse at the Family and Community Wellness Centre will be providing Reflexology and Biomagnetic Therapy which brings balance into your body.



- Helps to regulate ph. levels in your body
- Increases blood flow
- Moves and drains pathogens from your body
- Helps with pain / injury
- Releases trapped emotions
- Helps you find balance between your mind, body and spirit.

Micheline will provide the services in the evening and you will also have to sign up with her.

MICHAEL DESJARLIOUS is well known in Nisichawayasihk for his gift to heal by using his medicine bundle and the spiritual energies as he receives messages through spirit. Michael is also a Sundance leader and ceremonial lodge holder.



BRENDA HUNTER studied at Blue Quills University. She is lives in Saddle Lake, Alberta. Brenda carries the gift of a psychic medium as she listens and feel the spiritual guidance and clairvoyance with messages given. Brenda believes healing through heart and mind using visions and spiritual messages that are given. Brenda will be providing group and individual sessions. You will have to sign up with Brenda.



MAY AND PIERRE COCHRANE have visited Nelson House on a number of occasions. They both work with traditional medicines and work with spiritual energies to help heal people. They are both ceremonial leaders. May is often known as Magic May.



ANGUS H. CAMPBELL a member of Nisichawayasihk. Campbell is well known for tattooing and mural paintings. He holds a degree in Fine Arts and further pursued his education Arts fundamentals. Angus is an accomplished artists who will be sharing his talents by teaching and expression oneself through painting and art.

MARILYN HART is a member of Fisher River Cree Nation and works as a wellness coordinator. Marilyn is also a Sundance chief and ceremonial leader. She carries the gift of chibi ceremony. Marilyn has the gift to feel those who have passed on and help you connect or communicated the deceased loved ones. This is done through ceremony. Those who do participate, you are asked to bring 2 meters of white and black cloth, feast offerings for people who you want to reach out too deceased love one.





In addition, there will be outdoor cooking over a camp fire. Bernard Dumas and some land base men will prepare and cook fish and Barb Moore will help with making campfire Bannock or Bannock on a stick. Kotawan pakwisikan. Dolly Francois will help with medicine picking and making medicine.

For the evening activities:

- There will be matotisan (sweatlodge) ceremonies every evening and entertainment;
- Tuesday evening, we will have the wawatewak onimewak from Pimicikamak performing square dancing.



wawatewak onimewak

- Wednesday evening beginning at 7:00 pm, we will have Sherry McKay an Anishinaabe Comedian Woman, a Motivational Speaker, Creator content Influencer and recently a TEDX Talk Speaker. Sherry has been named the queen of TIKTOK



Sherry McKay

- Thursday evening, we will have our local Keewatin Gospel singers; Barb Moore, Alex McDonald, Loriann Hartie and Leta Walker. They will entertain through gospel singing and host a vigil to remember our loved ones who have passed.



Keewatin Gospel Singers

- Friday is closing pipe ceremony by all community pipe carriers, feast and giveaway.
- There will be daily rides provided pick up at 9:00 am and drop off at 4:00 pm and 9:30 pm. If you are interested in participating and need a ride, please contact Shirlenna at the family and community wellness center. You are also encouraged to dress for the weather and bring your own lawn chairs.
- Families are welcome to camp out, you would be responsible for your own camping equipment and blankets. We can transport you, please inform Shirlenna.



Thank you and I hope you all get involved and take the opportunities and courage to come out in participate. By facing and experiencing your grief, you'll begin the process of healing and growing. You're not alone. And what's more, you don't have to feel like this forever. These sessions are intended to love and support each other as we all navigate our journey through grief.

Yours In Healing

CULTURE CAMP AGENDA

	Facilitator	Date & Time
TEEPEES		
Teepee Peyak -	Michael Desjarilous	June 11, 12, & 13 10:00 am to 3:00 pm
Teepee Neso	May & Pierre	June 11, 12, & 13 10:00 am to 3:00 pm
Teepee Nisto	Theresa & Ed	June 11, 12, & 13 10:00 am to 3:00 pm
Teepee Neyho	James Shuttleworth & Jon Walker (mentor)	June 11, 12, & 13 10:00 am to 3:00 pm
Teepee niyanan -	Terry & Diane Linklater (Janine mentor)	June 11, 12, & 13 10:00 am to 3:00 pm
TENTS		
Tent peyak -	Jeff Hunter & Isaiah Constant (mentor)	June 11, & 12 10:00 am to 3:00 pm
Tent neso	Linda Cantelon & Melfina (mentor)	June 11 & 12 10:00 am to 3:00 pm
Tent nisto	Jackie Walker & Charlene Kobliski	June 11, 12, & 13 10:00 am to 3:00 pm
Tent neyo	Sarah, Ida, & Carol Prince	June 11, 12, & 13 10:00 am to 3:00 pm
Tent niyanan	Brenda Hunter	June 11, 12, & 13 10:00 am to 3:00 pm
Tent nikotwa sik	Marilyn Hart (Clifford & Ella)	June 11, 12, & 13 10:00 am to 3:00 pm
Tent tepako hp	Nicole K.	June 11, 12, & 13 10:00 am to 3:00 pm
Tent ayin new	Terrance Thomas	June 11, 12, & 13 10:00 am to 3:00 pm
Party Tent	Pipe ceremony & feast including evening activities	



	Facilitator	Location
CABINS		
Cabin One	Day - Samantha Long Evening - Michelline Berard	
Cabin Two - Split Space	Agnes Spence - Drum teaching:	
Cabin Two - Split Space	Angus Campbell - Art Therapy	
OPEN CANOPY		
Canopy peyak	Registration	Parking lot area
Canopy neso	Information booth & First Aide	Across from Kitchen
Canopy nisto	Dolly Francois	Fire pit
Canopy neyho	Bernard Dumas & Land base	Fire pit
Canopy niyanan	Wally Linklater	Next to kitchen area
Canopy niktowa sik	Wellness Staff for crafts	





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